

Worried About Erectile Dysfunction

To get rid of all your worries, you first have to know about the cause and complications regarding Erectile Dysfunction. There are numerous causes. The more you know about your cause, the better treatment you can decide for yourself. **Causes of Erectile Dysfunction** Erectile Dysfunction may take place because of many reasons. It may happen as a result of reduced blood flow to the penis and nerve damage. It may also take place because of some other reasons, like Diabetes Drugs Vascular disease Hormone disorders Pelvic trauma, surgery, radiation therapy Psychological conditions Venous leak Neurologic conditions Peyronie's disease **Diabetes:** Diabetes often damages the small blood vessels and nerves throughout the body. This can block the chances of nerve pulses and blood flow necessary for erection. About 60% of men suffering from Diabetes experience Erectile Dysfunction. **Drugs:** There are many kinds of drugs known to cause Erectile Dysfunction available in the market. This includes drugs for high blood pressure, heart medication, antidepressants, sedatives and tranquilizers. Long term consumption of alcohol and illicit drugs may affect the vascular and nervous systems and are associated with erectile dysfunction. **Vascular disease:** The hardening and narrowing of the arteries causes a reduction in blood flow resulting in Erectile Dysfunction. It is associated with age. It accounts for 50% to 60% of impotence in men over 60. **Hormone disorders:** This is a rare cause. A rarely occurring condition called Testosterone deficiency (Deficiency of a potent androgenic hormone produced chiefly by the testes) can result in a loss of libido and thus loss of erection. **Pelvic Trauma, Surgery, Radiation Therapy:** A pelvic trauma can damage the veins and nerves required for erection. Surgery of the colon, prostate, bladder, or rectum may damage the nerves and blood vessels involved in erection. Radiation therapy for prostate or bladder cancer also can permanently damage these nerves. **Psychological conditions:** Worry, stress, guilt, anxiety and depression all can lead to Erectile Dysfunction. One may worry about the repetition, if he experiences a loss of erection once. This can produce anxiety associated with performance and may lead to chronic problems during sex. **Venous leak:** Erection can't be maintained if the veins in the penis are unable to prevent blood from leaving the penis during erection. Venous leak can be a result of injury, disease, or damage to the veins in the penis. **Neurological conditions:** Spinal cord and brain injuries can cause Erectile Dysfunction when they interrupt the transfer of nerve impulses from the brain to the penis. **Peyronie's Disease:** This is a rare inflammatory condition that causes scarring of erectile tissues. Scarring produces curvature of the penis that can interfere with sexual functions and cause painful erections. In order to get the perfect treatment, inform your doctor about all your case history. And you will definitely be able to recover Erectile Dysfunction with his support.

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